



VOL Cajun Festival 5K Walk/Run Through the Barataria Preserve April 22, 2017 ~ 8:00AM

Visitation of Our Lady Catholic School Marrero -
corner of Ames and Barataria Blvds.

3 FREE Drinks & Jambalaya inside of festival with drink/food tabs

"VOL Cajun Festival 5K Walk/Run" Through the Barataria Preserve Saturday, April 22, 2017 ~ 8:00AM



Online registration at www.nolimitstiming.com or
cajunfest.vol.org

Fax in 504-347-2223
Attn: Road Race

For more information, please contact
Road Race Coordinator,
Mark Sanderson at (504) 563-4422

Forms can be picked up at any of the following: (until 04/01/2016)

- Marrero CrossFit ~ 2201 Barataria Blvd
- GymMatrix Marrero - 2324 Barataria Blvd.
- Planet Beach Marrero - 1390 Barataria Blvd.
- Boyd's ATA Black Belt Academy ~ 2211 Barataria Blvd STE 104 • Marrero

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to participate in this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risk associated with running in the event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road. I understand that bicycles, skateboards, roller skates, roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the VOL Cajun Festival Walk/Run, VOL Cajun Festival, Visitation of Our Lady Parish, Archdiocese of New Orleans, Visitation of Our Lady Catholic School and all its affiliates, the parish of Marrero, and No Limits Timing, all event sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence of carelessness on the part of the person named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Print Name _____

Signature of Participant or Parent/Guardian if under 18 _____

Date _____

PARKING: All race participants are suggested to park in VOL Ames Blvd Parking Lot.

TRANSPORTATION: Pre-race 7:00AM-7:45AM (please arrive on time), departing from VOL Festival Grounds. *Participants must have race number to ride bus.*

COURSE: The race will Start and Finish at the Barataria Preserve Flood Gate, taking participants 1.55 miles (south along LA 45) into the preserve, with a turnaround and then heading 1.55 miles back to the finish line.

Entry Fees pre-registered by April 8, 2017

\$20 – VOL Students

\$25 – All Entrants

Entry Fee after 04/08/2017

\$30 – All Entrants

Race Day Entry Fee

\$35 – All Entrants



PACKET PICK UP

Where: VOL Cajun Festival Grounds (corner of Ames and Barataria Blvds.)

Date: Fri. ~ April 21, 2017 Time: 7-9 PM

Sat. ~ April 22, 2017 Time: 6:30-8 AM

AWARDS:

- 1st Overall Male & Female
- 1st Youth Male & Female (15 & Under)
- 1st Male & Female in the following age groups: 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70-Over



TEE-SHIRT only guaranteed to pre-registered participants!

TEE-SHIRT SIZE: (Please circle Adult or Youth and requested size.)

ADULT: SMALL MEDIUM LARGE X-LARGE 2XL
YOUTH: MEDIUM LARGE

PARTICIPANT NAME _____

DATE OF BIRTH _____	AGE RACE DAY _____	MALE _____	FEMALE _____
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E-MAIL ADDRESS _____	PHONE NUMBER _____
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Payment Type: CHECK (Payable to VOL CAJUN FEST) CASH

CREDIT CARD VISA MASTERCARD AMEX

CREDIT CARD NUMBER _____

EXP _____ CVV _____

NAME ON CARD _____

ADDRESS _____

CITY _____	STATE _____	ZIP CODE _____
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